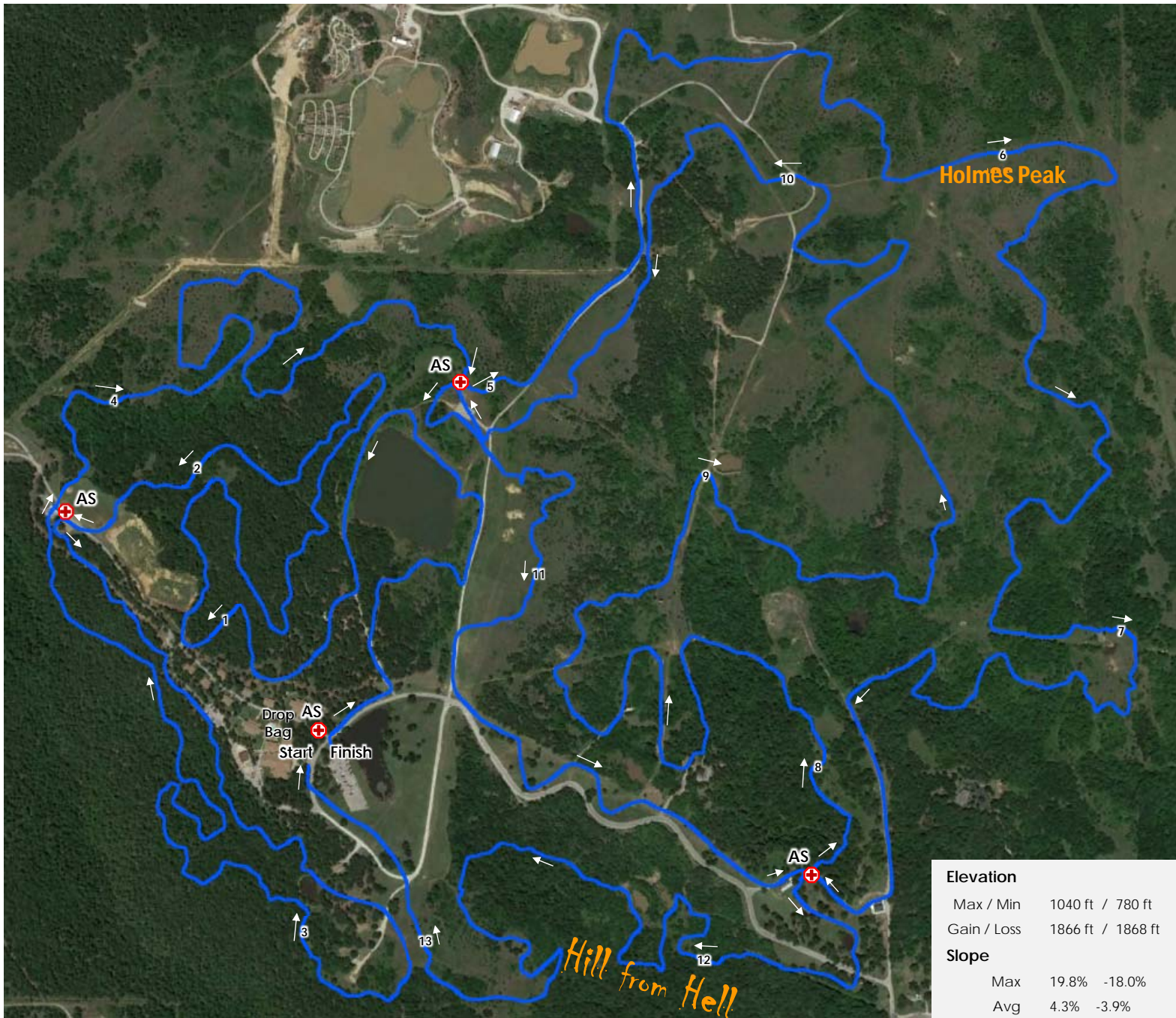




POSTOAK

Lodge Challenge
Sunday
Half Full Marathon



Elevation	
Max / Min	1040 ft / 780 ft
Gain / Loss	1866 ft / 1868 ft
Slope	
Max	19.8% -18.0%
Avg	4.3% -3.9%

Elevation Profile



3 Chicks and a Rooster

Mile Junkie

T2 TRAIL RUNS

Fitness Protection Program

HOKA ONE ONE

Recovery Therapy

Broken Arrow Painting